



# OSHA 30 Hours

## Construction



Website  
[www.ahlansafety.com](http://www.ahlansafety.com)



Contact us for any Enquiry  
+971 55 9567556



For enquiry:  
[enquiry@ahlansafety.com](mailto:enquiry@ahlansafety.com)

📍 P.O.Box No 130130, Shams Business Center, Sharjah Media City Free Zone, Al Messaned, Sharjah, UAE.



AHLAN Safety Training Centre! We're now offering OSHA 30 Hours construction courses, providing comprehensive training in occupational safety and health tailored specifically for the construction industry. Join us to gain essential skills and certification for safer worksites and enhanced career opportunities.

## OSHA 30 Hours Construction Course Outlines

- Orientation
- Introduction
- Labels and SDS
- Module 1: Introduction to OSHA
- Module 2: Managing Safety and Health
- Module 3: OSHA Focus Four Hazards
- Module 4: Personal Protective Equipment
- Module 5: Health Hazards in Construction
- Module 6: Stairways and Ladders
- Module 7: Concrete and Masonry Construction
- Module 8: Confined Spaces
- Module 9: Cranes, Derricks, Hoists, Elevators and Conveyors
- Module 10: Ergonomics
- Module 11: Excavations
- Module 12: Fire Protection and Prevention
- Module 13: Materials Handling, Use and Disposal
- Module 14: Motor Vehicles, Mechanized Equipment and Marine Operations; Rollover Protective Structures and Overhead Protection; and Signs, Signals and Barricades
- Module 15: Safety and Health Programs
- Module 16: Scaffolds
- Module 17: Tools - Hand and Power



- Module 18: Welding and Cutting
- Module 19: Silica Exposure
- Module 20: Lead Exposure
- Module 21: Asbestos Exposure

## About This Course

OSHA 30-Hour Construction Training provides a comprehensive and advanced level of safety education for those involved in the construction industry. It equips participants with the knowledge and skills to manage risks, ensure compliance, and foster a culture of safety. This course is pivotal for individuals looking to excel in the construction field while prioritizing workplace safety. This OSHA-aligned training program is an essential orientation to occupational safety and health under OSHA 29 CFR 1926. Specific construction hazards require additional mandatory training for worker safety. Upon course and survey completion, students receive an OSHA 30-hour Construction Industry Outreach DOL card within two (2) weeks. Please note that this 30-hour course doesn't fulfill prerequisites for OSHA 500 or 501 courses.

### NOTE:

- The 30-Hour Construction Outreach course is NOT equivalent to the OSHA 510 or 511 courses and does not meet the course prerequisites to take the OSHA 500 or 501 courses.
- For OSHA Outreach courses, it typically takes two (2) weeks to receive your plastic OSHA DOL card. To ensure your card isn't delayed, please verify that your mailing address is correct in your profile. All cards are mailed via USPS First Class.



## Testing

At the end of each module, you are given a 10 question module quiz. Score at least 70% on each module quiz before moving forward. You have three attempts to pass each module quiz. Failure to successfully pass the third quiz results in being locked out of the course. After being locked out, you can not continue with an online training format for your outreach training.

After completing the modules, you must pass a final exam to receive full credit for the course. The final exam is 20 questions long and tests your knowledge of the information covered throughout the course. To pass, you need at least a score of at least 70%. You get three opportunities to pass the final exam. If you do not pass it after the third try, you are locked out of this course and cannot complete your outreach training in an online format.

## Time to Completion

You have six months from your course enrollment date to complete the 30-hour Construction Outreach Training. After six months, your account expires, and you are required to purchase the course again.

A temporary printable certificate is available immediately upon successful completion of the course. Passing participants receive a DOL Construction Outreach course completion wallet card within two weeks.



**In order to receive your DOL Wallet Card, you must complete the survey at the end of the course.**

**Includes free OSHA 30 Hour Construction Industry Study Guide!** This PDF Study Guide will ensure you are ready to take the final exam to receive your wallet card. This is a great supplement to the OSHA 30 Hour Construction Industry Outreach Course and can serve as a quick reference guide for future use.



## *Get in Touch*



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## *Address*

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